



**Community Improvement.** The “neighbors helping neighbors” philosophy helps you to know your neighbors, find out what special skills they have, and include them in CERT preparations and training. CERT is a perfect complement to the Neighborhood Watch program, homeowners’ association, or other existing neighborhood structures.

### **Learn Something New!**

Develop emergency response skills in a fun environment. CERT uses hands-on drills to reinforce your new knowledge

Find a class that works for you!

Pre registration is required.

**Spring**                      **April 2 — May 21, 2014**  
**Fall**                         **Sept. 10 — Oct. 29, 2014**

Contact Mitch Neilson at  
 (503) 681-5266 or  
[mitch.neilson@hillsboro-oregon.gov](mailto:mitch.neilson@hillsboro-oregon.gov)

**Get CERTified!** Classes are held Wednesday evenings from 6:30 – 9:30 p.m., at the Ronler Acres Fire Station (NW 229th and Evergreen Parkway). Children between 14 and 18 years old are welcome, when accompanied by an adult.

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## Hillsboro CERT

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## Hillsboro CERT

### Community Emergency Response Team



In the wake of a disaster, “professional” fire and medical responders may be unavailable. Training in basic disaster skills will help lessen the impact on your family and neighbors until assistance arrives.

**The CERT program develops community self-sufficiency before, during, and after a disaster.**



## Build a Kit

**CERT is taught by Hillsboro Firefighters.**

**This training is free to anyone who lives or works in the City of Hillsboro.**

### **Building your Emergency Kit**

The City will provide:

- Safety Vest
- Hard Hat
- Safety Goggles
- Gloves

In order to effectively respond to a disaster, CERT members will need to have supplies available.



## Learn New Skills

### **Disaster Preparedness:**

Natural disaster threat to our area, impact of disasters on the infrastructure, and the role of CERTs in disaster response.

### **Disaster Fire Suppression:**

Fire chemistry, identifying and reducing potential fire hazards, firefighting resources, firefighting techniques. You will use a fire extinguisher to put out a small fire.

### **Disaster Medical Operations:**

Treatment for life-threatening conditions; principles of triage; patient lifts, drags, and carries; head-to-toe patient assessments; establishing treatment areas; treatments for burns, lacerations, fractures, sprains, and other injuries.



## Make it Work

**Search & Rescue** Situation size-up, rescuer safety and limitations, construction-related hazards, damage assessment, lifting, cribbing and levers, victim extrication, and disaster psychology.

### **Team Organization:**

Volunteer management, CERT documentation, and a resource allocation decision-making exercise.

**Disaster Simulation:** This review exercise uses live victims to put your new skills to the test!

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